

TO DO LIST

MORNING

DATE:

IMPORTANT TASKS

Five horizontal pink bars for listing important tasks.

HEALTHY EATING

Four horizontal dotted lines for healthy eating notes.

TO BUY

Two shopping cart icons with dotted lines below them for items to buy.

EXERCISE


Two dumbbell icons with dotted lines below them for exercise notes.

AFTERNOON

Large pink rectangular area for afternoon tasks.

EVENING

Large pink rectangular area for evening tasks.

WATER 

Phone icon with a dotted line below it for contact information.

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Person running icon and two horizontal dotted lines for exercise notes.


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