The 2027 *Game Plan* Starter

Plan your year in 4 pages. Grab a pen and the planner you already have.

01 **How do I want 2027 to feel?**
Look back, then decide how you want next year to feel. ☐

02 **Pick 1 to 3 goals**
Brain dump by life area, then choose what matters most. ☐

03 **Break one goal down**
Year, quarter, month, and this week, plus a quarter map. ☐

04 **My first tiny step**
Give it a day and a home, then check in for 4 weeks. ☐

HOW TO USE IT
Do one page a night, or all four with a cup of coffee. Messy handwriting is welcome.

REMEMBER
Something is always better than nothing. One page still counts.

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01 How do I want *2027* to feel?

Before picking goals, take a quick look back. Then decide how you want your normal days to feel. That feeling helps you choose the right goals on the next page.

2026: WHAT WENT WELL

2026: WHAT I'M READY TO LET GO

CIRCLE THE WORDS THAT FEEL RIGHT (add your own)

calm · rested · organized · less rushed · present · creative · healthy · proud · caught up · connected · focused · fun · steady · brave · simple · patient

IN ONE SENTENCE: NEXT YEAR, I WANT TO FEEL...

KEEP DOING

START DOING

STOP DOING

TAKING UP TOO MUCH SPACE IN MY HEAD

WHAT WOULD MAKE A NORMAL TUESDAY EASIER?

Tip Don't overthink this page. Your first answer is usually the honest one, and you can always come back and change it.

02 Pick *1 to 3* goals

First, get everything out of your head, one life area at a time. Then pick the few that match the feeling from page 1. Fewer goals means you'll actually have time for them.

BRAIN DUMP: EVERYTHING I WANT TO DO IN 2027

HOME

FAMILY

HEALTH

WORK OR BUSINESS

MONEY

JUST FOR ME

MY TOP GOALS (1 is enough, 3 is the most)

1

GOAL

WHY IT MATTERS TO ME

I'LL KNOW I DID IT WHEN...

2

GOAL

WHY IT MATTERS TO ME

I'LL KNOW I DID IT WHEN...

3

GOAL

WHY IT MATTERS TO ME

I'LL KNOW I DID IT WHEN...

PARKING LOT: GOOD IDEAS FOR LATER

Tip Ideas in the parking lot are safe. Check back on them in the spring and pick one up when you have room.

03 Break *one* goal down

Take your number one goal and make it smaller, one layer at a time. Keep going until you get to something you could do on a busy weeknight.

	EXAMPLE	YOUR TURN
This year THE BIG GOAL	*Get our home more organized*	
This quarter NEXT 3 MONTHS	*Clear the kitchen counter for good*	
This month NEXT 4 WEEKS	*Give the mail a home*	
This week NEXT 7 DAYS	*Put a basket by the front door*	

MY QUARTER MAP (one focus for this goal each quarter)

Q1	Q2	Q3	Q4
JAN · FEB · MAR	APR · MAY · JUN	JUL · AUG · SEP	OCT · NOV · DEC

WHAT I'LL NEED

WHO CAN HELP

Tip If your "this week" step feels heavy, make it smaller. "Buy a basket" counts. "Look for a basket in the garage" counts too.

04 My first *tiny* step

A plan helps once it's on your calendar. Give your tiny step a day, a time, and a home. Then check in once a week.

THE SMALLEST STEP I CAN TAKE THIS WEEK

DAY

TIME

HOW LONG

WHERE I'LL WRITE IT DOWN

- ☐ Paper planner
- ☐ Digital calendar
- ☐ Sticky note on the fridge
- ☐ Phone reminder

WHAT MIGHT GET IN THE WAY?

MY BACKUP PLAN

4-WEEK CHECK-IN

WEEK	MY TINY STEP	HOW IT WENT	DONE
Week 1			☐
Week 2			☐
Week 3			☐
Week 4			☐

NOTES AND WINS

Want the *whole* game plan?

The Productive Game Plan walks you through your whole year: goals, finding time, your planner setup, easy routines, and what to do when you fall off. It's also free inside the Planning Lab.

plan.wendaful.com

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